

# Advance Care Planning Why do we need it?

## Busting The Myths Associated with Advance Care Planning

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Big Problem here with ACP. Not enough professionals one !

How many of You have a plan ?

A Big part of this problem is fundamental misunderstandings about these plans.

Language is part of the problem. And chaplains see it daily!

We need to be absolutely CRYSTAL CLEAR about the difference.

Then we have these myths...like any good preacher, I have Three points today but I'll spare you the poem!





**MYTH**

**#1**

# Myth #1

**I don't want ANYONE to have Power or Make Decisions for Me when I am Sick.**

The Truth: No one can or will make Decisions for you unless you can't make them yourself.

**The Problem:** Few really understand that 80% of us will lose capacity toward the EOL and someone else will decide.

Every person in this room has a plan!

**The Solution:** Embrace ACP, since someone will be asked 8 out of 10 times.



**MYTH**

**#2**

## Myth # 2

**I'm not so sick that I need A Living Will or Medical Power of Attorney.**

**The Truth:** An ACP is not about being sick it's about what to do when you can't get well.

More Truth: Everyone already has a plan why not develop your own plan?

**The Solution:** We need to help folks understand that we all have two plans.

Plan A and Plan B



**MYTH**

**#3**




## **Myth #3**

**I don't want to fill that out, I might not get the Treatment I want or need.**

**The Truth:** This is a misunderstanding of how the Plans Work. And what triggers them into action.

**REAL LIFE ILLUSTRATION from this hospital.**

**The Solution:** We need to help folks understand when we switch from Plan A to Plan B. We must understand how they work and what springs them into action.



# The Triggers



There is only one trigger for the  
MPOA:

Capacity. You got it or you don't.



Two triggers for the Living Will:

1. Lost Capacity
2. Terminal or Irreversible Illness.

**A True Story to Illustrate how this works**



Questions: I have a MPOA or Living Will but  
what if I don't trust anyone to be my MPOA?  
Can I name a friend?

What about the Terry Schiavo?  
Was that a Right to Life or Death Case?



So I have a Living Will, are they still going to talk to my family?

Can my family second guess me or change what I want?



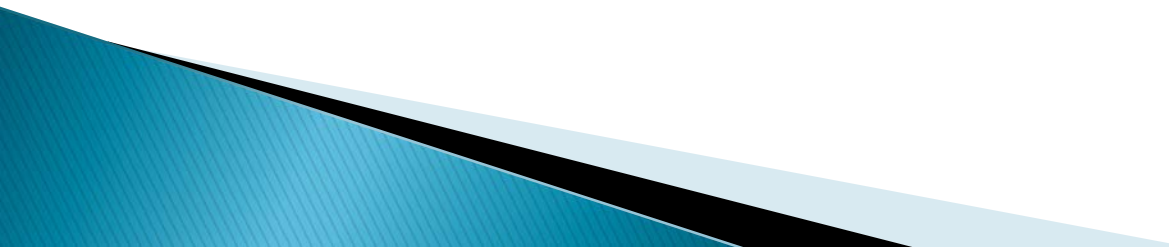
Choices you might want to let people know about what you want or don't want if you can't get well.

Some suggested Item to discuss.

**Breathing Machines, CPR, Kidney Dialysis, AHN**

Done well ACP can Spread with in a family!

Conclusion







## **Best Reasons to Have a PLAN . . .**

To love and care for yourself.  
To love and care for your family.

But Wait! I'm a spiritual person and my faith has to  
factor into this!



What we see at the EOL and it's hard breaking.  
And it's not grief and it can be addressed!

There is a factor of **Spiritual Distress** that we see associated with the EOL. WE NEED TO HELP FOLKS Understand it.