

August 2020



The life you save...

Sometimes we have an opportunity to help others and that always makes me feel good.

Recently I heard of a young woman who needed emergency housing. After thinking & praying about it, I was moved to open my home.

I wasn't sure I was ready to have a house guest, as I enjoy my solitude most days. However the COVID crisis has recently made a lot of us feel very isolated – almost akin to solitary confinement.

The first 24 hours of anything new can sometimes be very revealing... it was for me!

My new roommate said she thought there was a natural gas leak. So, I called Atmos and it turns out she was right!

Things had changed so slowly that **I did not notice** the leak.

Small incremental changes can slip up on us in life, too. This incident reminded me that I need to invite others into my world so I can live healthier – and longer!

One area affected by these small changes: our Last Will & testament. **August is National "Make a Will"** month so why not take the opportunity to review your priorities in **stewarding your life's legacy?**

Your children may have outgrown the original plan, or an adult child may need a **special trust**. Also **review your priorities in giving**. You can include your church, synagogue or nonprofits in your planned giving.

Care & Prepare recently held a webinar, ["Promise me this." Part 2](#) that might be helpful. Check it out and let me know your thoughts.

Looking hopefully into the future,
Leah

**Everybody needs a
Happy hour! & RC
Facilitator Reunion!**

NTGD is coming soon!



Care & Prepare is offering a free resource.

Have you experienced unique challenges sharing ACP concepts during COVID?

Learned new techniques for talking about medical wishes?

Together, let's share a Cool drink & explore the ideas of best practice of ACP. Follow this link to a Zoom Happy hour on [Wednesday, August 26 @ 5:30 PM](#)



If you enjoy Care & Prepare's programming, please let us know.

As little as \$25 could help a family finally understand "what mom or dad really want."

Our Care & Prepare ACP Planning Resource Guide is a wealth of information and puts all of the important questions in the right place.

A few dollars a month could put peace of mind in reach for others.

Guess what's 100?



It's hard to believe that when my grandmother was born she did not have the right to vote.

But when she turned 16 years old all 50 states ratified the 19th amendment which granted **women** the right to vote on **August 18, 1920**.

It's a wonderful privilege to celebrate!

Upcoming Events: DUKE - Ethics & COVID

Coronavirus Conversations

Ethics of the Use of Wearables for Early COVID Detection

Thursday, August 20th, 2020 - 4 P.M.
RSVP Required: duke.is/xe31v

Dr. Jessilyn Dunn, Ph.D.
Assistant Professor, Department of Biomedical Engineering and Department of Biostatistics & Bioinformatics, Duke University

Dr. Marielle S. Gross, M.D., M.B.E.
Assistant Professor, University of Pittsburgh School of Medicine, Department of Obstetrics, Gynecology and Reproductive Sciences

Dr. Nita Farahany, J.D., Ph.D. (Moderator)
Director, Duke Initiative for Science & Society, Professor of Law and Philosophy, Duke University

Duke science & society

Co-Hosted with:
Duke DataScience
The Petrie-Flom Center for Bioethics at Harvard University

Coronavirus Conversations: Ethics Of The Use of Wearables For Early COVID Detection

DATE AND TIME

August 20, 2020 at 4:00 - 5:00 PM EDT

LOCATION

ONLINE ONLY

[Learn more about "Coronavirus Conversations"](#)

"We all have been blessed with possessions that serve us in our lifetime, and we also have the ability to create a legacy through gifts that will touch the lives of many others after our earthly days."

REV. CRAIG ROSS



