

Advanced Steps® ACP

Facilitator Certification

Friday, October 13, 2023

7:45 AM- 4:30 PM

Ensemble Coworking - 1617 Park Place Ave. Suite 110

Fort Worth, TX 76110

[View Map](#) [817-984-3633](tel:817-984-3633)

Respecting Choices® Advanced Steps Advance Care Planning Facilitator Certification is designed to help participants learn the skills needed to have end-of-life goals based discussions with individuals with serious, life-limiting illnesses, frail elders or those living in long-term care facilities. These conversations incorporate the POLST form: a portable medical order.

Respecting Choices® is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <https://www.careandprepare.org>

Sponsored in part by:

Care  Prepare

In Partnership with:



Get this registration form online and mail with your check made out to Care & Prepare to:

To Register:

Leah Wingard
Care & Prepare
PO Box 12424
Fort Worth, TX 76110
For questions you may call
817-247-1776
Or email us at: info@CareAndPrepare.org

Registration Fee: **\$325/ \$299 Early bird 9/21**
Scholarships first available.

Registration Deadline: **Sept 28, 2023**

Pay online at: [PayPal link at end of page](#)

CEs for nurses and social workers are available for the Respecting Choices® ACP Facilitator Online Core Curriculum . For modules 1 – 5, 8.0 CE's will be awarded by Respecting Choices. To receive CE certificate for Online ACP Facilitator Curriculum, nurses and social workers must complete an online evaluation upon conclusion of each module.

Please notify us by email if you have special dietary requirements.

Attendee Information:

Full Name (type or print)			Profession
Employed by			
Work Address (street, mail station, city/ST/ZIP)			
Home Address (street, city/ST/ZIP)			
Home Phone		Email	

Pre-Course Assignment

1. Complete the Respecting Choices **Advance Steps ACP Facilitator Online Core Curriculum (modules 1 – 5)**.
 2. Review the [Texas POLST Form](#) on the Care & Prepare website
 3. Review document *RC 3116 - Advance Steps Facilitator Guide to POLST Conversations: Frequently Asked Questions and Suggested Responses* (if distributed)
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AGENDA

7:30 am *Continental Breakfast*

8:00 am **Welcome and Introductions - Overview of Course**
 Person-Centered Conversations: Core Concepts
 Skills to Promote Person-Centered Conversations
 The Exploration Phase of ACP Conversations
Break
 Role-Play Exercise
 Advanced Steps ACP Conversations
Lunch
 Eliciting Preferences and Decisions: Goals of Care Phase
 Decision-Making Framework for Advanced Steps ACP Conversations
Break
 Achieving and Maintaining Advanced Steps ACP Facilitator Certification (Competency Role-Play)

4:30 pm *Adjourn*

Learning Outcomes

At the end of this course, the participant will be able to:

1. *Verbalize strategies to identify intended populations and engage individuals and healthcare agents in ACP.*
2. *Demonstrate communication skills to promote person-centered ACP conversations.*
3. *Apply critical thinking to discern what matters most to individuals and use of person-centered decision-making framework to elicit preferences and decisions.*
4. *Create strategies to transfer individual goals, values, and preferences to a written plan, e.g., POLST form and out-of-hospital medical orders.*
5. *Demonstrate beginning competency in facilitating Advanced Steps ACP conversations through role-play activities.*